

# SUNRISE SPECIALTIES

**CORNED BEEF HASH\*** Sunrise/Sunset style, served with onions, green peppers, basted eggs, toasted muffin, and side of country gravy \* 9.79  
Burrito style topped with country gravy \* 10.49

**CORNHUSKER\*** Scrambled eggs topped with creamed corn, two links or bacon, country potatoes and English muffin \* 9.79

**FIESTA GRANDE\*** Crispy flour tortilla bowl with potatoes, green onions, green chilies, black beans, sour cream and cheeses, topped with vegetarian green chili, 2 basted eggs, lettuce and tomatoes \* 10.49

**ROLL OUT-A-BED** Large home made pecan cinnamon roll with whipped butter \* 4.99

**BLACK BEAN BREAKFAST BURRITO\*** Vegetarian breakfast burrito served with or without scrambled eggs, topped with vegetarian green chili, lettuce, blended cheeses and tomatoes \* 10.49

**BASIC BREAKFAST\*** 2 eggs your way (sorry not poached or boiled), country potatoes and English muffin \* 6.99  
With sausage (link or Italian) or bacon or ham 9.49

**SOUTHERN\*** Home made biscuits and country gravy, 2 basted eggs, country potatoes and English muffin \* 9.79

## LUMBRE SPECIALS

(CAUTION: VERY HOT!)

**LUMBRE SCRAMBLED\*** Two eggs scrambled with spicy sausage, onions and jalapenos, topped with vegetarian green chili, sour cream, green onions, tomatoes and cheeses. Includes country potatoes and English muffin \* 9.99

**LUMBRE SUNSHINE\*** Country potatoes topped with spicy sausage, onions and jalapenos, smothered with cheeses, baked until bubbly and topped with vegetarian green chili and 2 basted eggs \* 10.69

**LUMBRE BURRITO\*** Three egg omelet with spicy sausage, onions, jalapenos and cheeses, wrapped in a flour tortilla and topped with vegetarian green chili, sour cream, green onions and tomatoes. Served with country potatoes \* 10.69

**LUMBRE OMELET\*** Three egg omelet with blended cheeses, spicy sausage, onions and jalapenos, topped with vegetarian green chili, sour cream, green onions and tomatoes \* 9.99

## EGGCEPTIONAL BREAKFASTS

(MOST INCLUDE TOASTED MUFFIN AND COUNTRY POTATOES)

### STEAK RANCHERO\*

Our country-fried steak, topped with basted eggs, smothered in vegetarian green chili, with black beans, sour cream, lettuce, tomatoes, green onions and cheeses with a flour tortilla \* 10.99

**SUN-UP\*** A skillet full of country potatoes, diced onions, melted cheeses, topped with 2 basted eggs \* 9.99

**DAY-BREAK\*** Delicately scrambled eggs, lightly enhanced with cilantro, onion greens, sour cream and blended cheeses, topped with hollandaise sauce \* 9.49

**SUNNY SALSA\*** Spicy Italian sausage in hot bubbling mild salsa, smothered with melted cheeses and eggs \* 9.99

**COUNTRY FRIED STEAK\*** Country fried steak smothered in country gravy, with 2 basted eggs \* 10.99

**SUNBUTTONS\*** Fresh mushroom buttons baked in a large fluffy frittata, topped with blended cheeses, diced tomatoes, green onions and sour cream \* 11.49

**SUNDANCE\*** A large fluffy frittata with the works (meats & veggies) topped with cheeses, diced tomatoes, green onions, sour cream and a side of salsa \* 11.49

## EGGCEPTIONAL OMELETS

(INCLUDES MUFFIN AND COUNTRY POTATOES)

**CHEESES PLEASES\*** Made with the best jack and cheddar cheeses \* 7.99

**EARLY BIRD\*** Diced onions, fresh mushrooms, zucchini, peas and blended cheeses \* 8.99

**DAWN\*** Fresh mushrooms and blended cheeses \* 8.99

**SPINACH\*** Fresh spinach and blended cheeses \* 8.99

**BACON & TOMATO\*** Crisp thick bacon, fresh diced tomatoes and blended cheeses \* 8.99

**ASPARAGUS\*** With tomatoes, cheeses, hollandaise \* 9.49

**BENEDICT OMELETS\*** Any of the above omelets on a toasted muffin topped with hollandaise and baked in a piping hot skillet. Just add \* 1.99

**SPANISH\*** Green chilies, green onions and blended cheeses, topped with mild salsa and sour cream \* 9.99

**ITALIAN\*** Diced onions, bell peppers, Italian sausage and cheeses, topped with rich marinara sauce \* 9.99

**COUNTRY\*** Country sausage and onions, with potatoes and cheese, topped with country gravy \* 9.99

**SPINACH SPANISH\*** Green onion, green chilies, fresh spinach with cheeses, and side of salsa \* 9.99

**COMBO OMELETS\*** Our large omelet with blended cheeses. Choose up to 4 items from above omelets \* 10.49

**BURRITO OMELET BREAKFAST\*** Your choice of any of our omelets, wrapped in a hot flour tortilla. Cheeses Pleases, Early Bird, Dawn, Colorado topped with country gravy. Spinach, B&T and Asparagus topped with hollandaise. Spanish and Spinach Spanish topped with salsa, Country with country gravy, and Italian topped with marinara \* 10.79

**FAVORITE**  
**COLORADO\***  
Diced ham, sausage, onions, green peppers and blended cheeses \* 8.99

\*Noted items can be cooked to order. Consuming raw or undercooked eggs or meats may increase your risk of food borne illness. Please let us know if you have any food allergies. Not all ingredients are listed on the menu.



# SHEA'S SUNNY HOT CAKES

COLORADO'S BEST HOME-MADE BUTTERMILK HOTCAKES  
MADE ONLY WITH UNBLEACHED FLOUR

**OUR FAMOUS** 4 cakes \* 7.79 1/2 order \* 4.99

**STRAWBERRY** Fresh strawberries with whipped cream \* 8.79 1/2 order \* 5.99

**BLUEBERRY** In batter, and on top, with whipped cream \* 8.79 1/2 order \* 5.99

**FRENCH TOAST** 4 slices of thick French bread, with a hint of apple and cinnamon \* 7.79

1/2 order \* 4.99 Strawberry or blueberry add 1.00

**2+2+2\*** 2 cakes, 2 links, 2 eggs \* 8.59

2 cakes, 2 bacon, 2 eggs \* 8.89

2 cakes, ham or Italian sausage, 2 eggs \* 9.39

Strawberry or blueberry add 1.00

**COUNTRY  
SUNSHINE\***

A skillet of our delicious potatoes topped with diced link sausage, blended cheeses, country sausage gravy, and 2 basted eggs \* 10.69

**FAVORITE**

## SKILLET SUNSHINES

(INCLUDES ENGLISH MUFFIN)

**SUNSHINE\*** Country potatoes with diced ham, onions, fresh mushrooms, zucchini & peas, and blended cheeses, topped with 2 basted eggs, served in a piping hot skillet \* 10.69

**VEGETARIAN SUNSHINE\*** Country potatoes with diced onions fresh mushrooms, zucchini & peas, topped with blended cheeses, diced tomatoes and basted eggs \* 10.69

**ITALIAN SUNSHINE\*** Country potatoes topped with Italian sausage, bell peppers, and diced onions, topped with blended cheeses, marinara sauce and basted eggs \* 10.69

**MARIO'S SUNSHINE\*** Country potatoes with green onions, green chilies, black beans, vegetarian green chili, topped with blended cheeses and basted eggs \* 10.69

Above Sunshines offered as "Half Sunshines" \* 6.99

**ENCHILADA SUNSHINE\*** Layers of thick white corn tortillas with country potatoes, black beans, sour cream, green chilies, green onions, vegetarian green chili, blended cheeses topped with two basted eggs \* 10.69

## EGGCEPTIONAL BENEDICTS

(INCLUDES COUNTRY POTATOES)

**BACON BENEDICT\*** Same ingredients as SUN-BASTED except with thick crisp Black Label bacon in place of ham \* 10.69

**COUNTRY BENEDICT\*** Our delicious Bacon Benedict smothered in home-made sausage gravy \* 10.69

**VEGETARIAN BENEDICT\*** We top a toasted muffin with onions, mushrooms, zucchini & peas, spinach, cheeses, sliced tomatoes, basted eggs and rich hollandaise sauce \* 10.69

**BLACK BEAN BENEDICT\*** Toasted English muffin topped with sour cream, green onions, green chilies, black beans & cheeses baked until hot and bubbly, then topped with 2 basted eggs and smothered in vegetarian green chili \* 10.69

**SUN-  
BASTED  
BENEDICT\***

A toasted muffin covered with mushrooms and onions, blended cheeses, thick Cure 81 ham, topped with 2 basted eggs and rich hollandaise sauce \* 10.69

**FAVORITE**

## LOW-CARB OPTIONS

**PROTEIN BREAKFAST\*** 2 eggs scrambled with cheeses and choice of 2 breakfast meat sides \* 10.79

**SUBSTITUTE VINE RIPENED TOMATO SLICES** On breakfasts that include sides of country potatoes and English muffin you may substitute tomato slices in place of both of these items at no extra charge, or cottage cheese for only 1.49

**SUBSTITUTE BREAKFAST MEATS\*** Instead of country potatoes and English muffin, you may substitute any breakfast meat side \* add 3.29

## KIDS KORNER

(AGES 1-100)

**Hot Cake** \* 2.49 (add .50 for berries)

**1+1+1\*** (1 cake, 1 egg, 1 link or 1 bacon) \* 4.29 (add .50 for berries)

**French Toast** \* 2.49

**Oatmeal** \* 2.49 **Cold Cereal** \* 1.99

**Kids Basic\*** Scrambled egg, potatoes, and 1/2 muffin \* 4.29 (with sausage or bacon add .50)

**Kids Biscuits & Gravy** \* 3.99

## SIDES

English muffin \* 1.99

Multi-grain toast \* 1.99

Gluten free toast \* 2.99

1 Egg\* \* 1.29

Salsa \* .99

Grilled Cure 81 ham \* 4.29

Black Label bacon \* 4.29

Link sausage \* 4.29

Spicy Italian sausage \* 4.29

Corned Beef Hash \* 5.79

Country potatoes \* 3.99

Potatoes & cheese \* 5.79

Potatoes & gravy \* 5.79

Biscuits & gravy \* 5.79

Gravy \* 1.99

Fresh vine-ripened tomatoes \* 1.99

Vegetarian

Green Chili \* 1.99

(Bowl \* 4.49)

Fresh Creamy

Cottage Cheese \* 2.79

**SUBSTITUTE HEART HEALTHY SIMPLY EGGS** (real eggs 0% fat, 0% cholesterol) Add .99 **SUBSTITUTE GLUTEN FREE TOAST** 1.00 To enhance our speed of service we do not accept substitutions or additions. We feature medium basted eggs on many of our entrees. We prepare eggs: **EASY** with the whites and yolks slightly runny, **MEDIUM** with the whites firm and the yolks slightly runny, and **HARD** with the whites and yolks firm.

We use only the freshest ingredients in our recipes prepared every morning. Our potatoes are baked not fried. We also feature basted eggs. But, we will be happy to cook your eggs your way. The only exceptions are poached and boiled because they impede our speed of service. We proudly serve Hormel Cure 81 ham and Black Label bacon.

\*Noted items can be cooked to order. Consuming raw or undercooked eggs or meats may increase your risk of food borne illness. Please let us know if you have any food allergies. Not all ingredients are listed on the menu.



# HIGH NOON LUNCHESES

(SERVED MONDAY THROUGH SATURDAY 10:00 TO 2:00)

## SKILLET BURGERS

6 OZ FRESH NATURAL GROUND BEEF COOKED MEDIUM ON TOASTED BUN WITH MIRACLE WHIP INCLUDES COUNTRY POTATOES, CHIPS OR FRIES; ADDITIONAL HAMBURGER PATTY \$2.50 (MAY SUBSTITUTE: CHICKEN, CFS OR VEGGIE PATTY FOR BURGER PATTY)

**MILE HIGH\*** Pickles, onions, lettuce & tomatoes served on a grill toasted bun \* 8.49

**MILE HIGH with CHEESES\*** 9.49

**COUNTRY SIDE\*** Served on grilled toast with cheeses, diced onions and country gravy \* 10.19

**MT. MUSHMORE\*** Smothered with grilled fresh mushrooms and blended cheeses \* 10.19

**ONION CANYON\*** Topped with grilled onions and blended cheeses \* 10.19

**SALSA FALLS\*** Covered with cheeses, mild salsa, sour cream and green onions \* 10.19

### TOP OF THE ROCKIES\*

Topped with cheeses, grilled onions, grilled mushrooms and crisp bacon \* 10.99

**BACON POINT\*** With thick crisp bacon and blended cheeses \* 10.19

**BLUE CHEESE MOUNTAIN\*** A bacon point with our special bleu cheese dressing \* 10.49

**LUMBRE BURGER\*** Topped with cheeses, spicy sausage, onions, jalapenos, vegetarian green chili, sour cream, green onions, tomatoes, and served in a crispy tortilla bowl \* 10.99 (Caution: Very Hot!)

## SKILLET SANDWICHES

### BLT\*

3 strips of thick crisp bacon with lettuce and vine ripened tomatoes served on multi-grain toast \* 8.49 with 2 eggs\* 9.49

(Our only lunch item sold for breakfast with country potatoes only)

**GRILLED CHEESES** \* 7.99 With grilled Cure 81 ham, or bacon, or tomatoes \* 9.49

**CHICKEN CLUB** Grilled chicken breast, 2 strips of bacon, served on an toasted bun with lettuce and tomato \* 9.49

**COUNTRY FRIED STEAK\*** Country fried steak, served on a toasted bun, with lettuce, tomato and country gravy \* 9.49

**ITALIAN SAUSAGE** Open faced spicy Italian sausage, topped with melted cheeses and marinara sauce \* 9.49

**BBO PULLED PORK** Lean pulled pork in spicy BBQ sauce \* 9.49

## QUESADILLAS

### MEXICAN

Green chilies, green onions and blended cheeses \* 8.79

**MUSHROOM** Fresh mushrooms and blended cheeses \* 8.79

**BACON** Thick crisp bacon and blended cheeses \* 8.99

**VEGETARIAN** Selected vegetables and blended cheeses \* 8.79

**ITALIAN** Italian sausage, bell peppers, diced onions and blended cheeses, served with hot marinara sauce \* 8.99

**ASPARAGUS** Asparagus, tomatoes, blended cheeses, served with hollandaise \* 8.99

**LUMBRE** Spicy sausage, onions, jalapeños and blended cheeses, served with vegetarian green chili \* 8.99

**COMBO** Choose any of up to 4 of the above ingredients \* 9.99

## SALADS

**SUNBURST SALAD** A tasty salad with green onions, bell peppers, fresh mushrooms, diced tomatoes, diced ham, zucchini & peas, topped with blended cheeses \* 7.49 (add grilled chicken breast for \$2.49)

CHOOSE ANY 2 DRESSINGS: (served on side) Italian, Ranch, Bleu cheese, Sunburst

**SIDE SALAD** Lettuce, green onions, tomatoes and cheeses with choice of dressing \* 3.99 with entree \* 3.49

## BEVERAGES

**SUNRISE COFFEES** Start your Sunrise breakfast with the best fresh ground whole bean coffee. Special blend or decaffeinated \* 2.69

Hot Chocolate \* 2.69 (one free refill)

Hot Tea, Flavored Teas \* 2.69

Spiced Cider \* 2.69 (one free refill)

Chai Tea \* 2.69 (one free refill)

Iced Tea/Raspberry Tea \* 2.69

Milk (small) \* 2.69 (large) \* 2.79

Chocolate Milk (small) \* 2.49 (large) \* 2.99

### SOFT DRINKS (free refills)

Pepsi, Diet Pepsi, Mt. Dew, Dr. Pepper, Root Beer, Sierra Mist \* 2.69

Real Coke - Bottle (no free refills) \* 2.69

Bing Energy Drink (no free refills) \* 2.69

Fresh Squeezed Lemonade (no free refills) \* 2.69

Child's Size \* 1.29

### SUNRISE JUICES

Small \* 2.79 Large \* 3.79 Pitcher \* 8.49

V8, Tomato, Cranberry

**FRESH SQUEEZED:**

Apple, Orange, Grapefruit

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### **3 LOCATIONS!**

**1424 S. Wadsworth Lakewood, Co 80232  
(303) 986-6065**

**7400 W. 38th Avenue Wheat Ridge, Co 80033  
(303) 423-8380**

**9134 W. 6th Avenue Lakewood, Co 80215  
(303) 996-4635**

**Hours: 6:30am To 2:00pm • 7 Days a Week**

**[www.sunrisebreakfast.com](http://www.sunrisebreakfast.com)**

**An 18% gratuity will be added to parties of 6 or more. If you feel your service was exceptional, feel free to leave additional gratuity.**